



From the Principal:

Grade Placements 2020

Parents and carers have one more week to provide key information that helps us make an informed decision about 2019 grade placements:

- **Input is optional** and needs to be through the confidential google form via the following link: [CLICK HERE](#).
- Comments need to be solely about your child's specific needs; requests about the perceived performance of a teacher will not be considered.
- Requests to be grouped with certain children will be considered, however ultimately staff must make professional judgements about grade combinations taking into account all children's academic, social and emotional development and the anticipated dynamics of each group.
- We value parent and carer input, however there are no guarantees.
- The deadline is Friday 15 November; no late correspondence will be accepted.
- I ask parents/carers to refrain from sending individual email to teachers, leadership or the school account, rather place your thoughts about your child/ren into the confidential Google form during the period it is open.

In the coming weeks teacher will be seeking input from the students regrading friendships within their year level as part of our comprehensive and consistent grade placement process. This will be another piece of information taken into account when the teachers and leadership create the grade combinations. Staff are committed to working collectively and consistently throughout this process, making the best decision we can using our professional observations and judgements.

2020 Enrolments or Departures

The transition program for 2020 Prep families commenced this week and continues for all four Wednesdays in November. It was great to see the children come into the learning centre and get their first taste of school with our current Prep teachers and support staff. we have 63 enrolments at this stage with approximately 50% being new families. I ask existing families to let us know of any other potential enrolment they are aware of in grades 1-6 as we attempt to finalise numbers for next year.

If there are any families who are leaving Bell next year for whatever reason, we ask you to notify the teacher directly, or the office staff, as soon as you are certain of the change so we can support the transition process for your child/ren, as well as maintaining accurate projections for our 2020 workforce plan.

David Twite, Principal

Berry Street Educational Model:

This year Bell Primary has embarked on a learning journey to learn how to implement the Berry Street Educational Model Strategies in our daily practice. Berry Street Educational Model is an education initiative based on proven positive education, trauma-informed and wellbeing practices that enable students' academic and personal growth. The model is unique because it educates schools and their leaders to reinforce and sustain cognitive and behavioural change, thereby re-engaging young people in learning and progressing their academic achievement. The strategies we are implementing consistently as a school this year are **Brain Breaks**, **Morning Circle** and **Ready to Learn Scale**.

Brain breaks are mental breaks designed to help students stay focused and attentive. The brain breaks get students moving to carry blood and oxygen to the brain. The breaks energize or relax.

Morning circle is a daily morning circle routine that includes rhythmic activities, healthy touch, positive affirmations, intention setting and gratitude reflections.

Ready to Learn Scale is a standard system used in classrooms with a large pictorial reminder on display and self-regulation tools that students were involved in developing and can use when they encounter difficult emotions or stress in the class, both collectively and individually.

In 2019 we have attended two whole staff professional development days and in 2020 we will continue with two more days.

Have a look at the class blogs for more information on the Berry Street Educational Model.



Sarah

ready learn

☕ ☕ ☕

Brain Breaks

To have a rest to help our thinking

1 a day **MAXIMUM**

3 minutes

Alone

Silence

What:

Run	Cleaning / Job
Chill Out ~ Corner or Arm Chair	
10k Blocks / Connectors	
Read	Sit outside
Draw / Colour	Quiet Toy
Nap	

Important Dates 2019:

NOVEMBER

- Fri 8: Gr1 Swimming #6
- Fri 8: Gr Prep Werribee Zoo Excursion
- Fri 8: Summer Sport v Westgarth (home)
- Fri 8: Gr3 Design a Shoe
- Tue 12: Gr5+6 Regional Cricket Final, Epping Rec. Res.
- Wed 13: 2020 Prep Transition Program Session #2
- Thu 14: Gr P-3 Mini Athletics Day, 9.00-11.30am, BPS
- Sat 16: Silent Disco Fundraiser, Melbourne CBD
- Mon 18: Senior Vocal Ensemble performance @ Assembly
- Wed 20: 2020 Prep Transition Program Session #3
- Wed 20: Gr4-6 Triathlon, Northcote Aquatic Centre
- Wed 27: 2020 Prep Transition Program Session #4
- Thu 28: Gr3 Werribee Zoo Excursion
- Thu 28: School Council Meeting, 7pm
- Fri 29: Last Chance to order from Scholastic Book Club

DECEMBER

- Mon 2: Mangoes to arrive sometime this week
- Mon 2-Fri 6: Selected Gr4+5 Woerbinda Camp
- Wed 4-Thu 12: Selected Gr4+5 Somers Camp
- Tue 10: Year 7 Orientation Day
- Wed 11: End of Year Violin Concert, LC, 6pm
- Thu 12: End of Year Funky Glee Concert, LC, 6pm
- Fri 13: End of Year PMI Concert, MPR1, 11.40am
- Fri 13: Icy Pole Fundraiser @ 2.10pm
- Wed 18: **date change** Gr6 Graduation, Preston Town Hall
- Thu 19: School Council Meeting, 7pm
- Thu 19: Gr6 Big Day Out – Luna Park
- Fri 20: Final Day Term 4

2020 RETURN TO SCHOOL DATES:

Grades 1-6: Thursday 30 January
 Grade Preps (Group A): Friday 31 January
 Grade Preps (Group B): Monday 3 February
 All Grade Preps: Tuesday 4 February

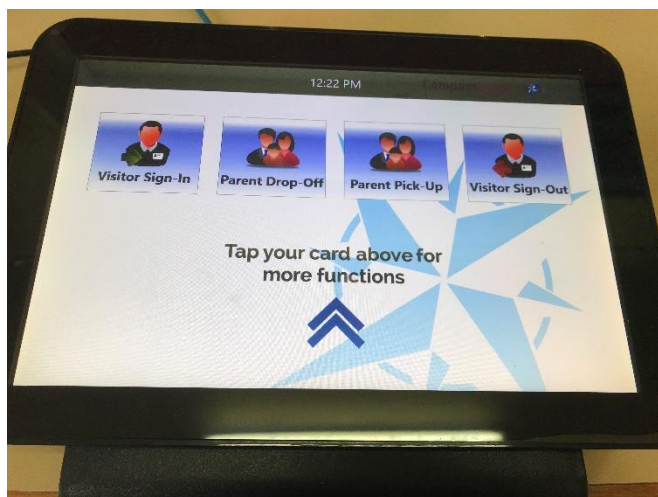
From the Admin Office:

LOGGED INTO COMPASS YET?

If not, click here:



COMPASS KIOSK: LATE AND EARLY



This is our brand new Compass Kiosk, located at the Admin Office, which you will now need to use to enter your own child's **LATE ARRIVALS** (Parent Drop-Off) or **EARLY DEPARTURES** (Parent Pick-Up). **You will then collect a PASS to present to the teacher to verify you have been to the office FIRST.**

As previously requested, please **DO NOT** enter a Late Arrival or Early Departure yourself on Compass for any reason, even if you receive an SMS. **The reason is to be entered by you on arrival at the Compass Kiosk.**

ONLINE LUNCH ORDERS

A reminder to pack some extra snacks for your child/ren – ****especially on a Friday**** - if you have ordered a Classroom Cuisine lunch. More often than not, the delivery arrives on time for the 11.30am break, but as Fridays are the busiest day, delivery can sometimes be much later - this is when the extra snacks come in handy!



LEAVING AT THE END OF THE YEAR?

Can you please advise the office or classroom teacher if your child/ren will **not** be attending Bell Primary School in 2020 (unnecessary if your child is in Grade 6). This information is extremely helpful for forward planning purposes. Thank you.

ANY OUTSTANDING PAYMENTS?

Just a reminder for you to check that you have paid for the following events. If your child will not be attending an event, please advise their teacher or the office.

Event:	Grade:	\$\$\$:	Payment:
2019 Books & Requisites	Preps	\$294	Qkr!
2019 Books & Requisites	Gr1-6	\$270	Qkr!
Luna Park	Gr6	\$ 35	Qkr!
Werribee Zoo	Gr3	\$ 45	Qkr!
Regional Cricket	Gr 5+6 (selected)	\$ 20	Qkr!
Somers Camps	Gr 4+5 (selected)	\$265	Qkr!

From the Wellbeing Office:

How empathy transforms your child's well-being

When I called my mum in tears the other day about an overwhelming disappointment she said exactly what I needed to hear; "that really stinks." With those three words I felt her empathy. When our own kids cry and share their upsets and disappointments it can tear at our heartstrings. Sometimes we just want to cry with them. There are also those times when our kids get upset and it wears on our patience. It's easy to react with "well, I've told you before..." or "how many times ...?" or "if only..."

Don't let frustration get the better of you

It's completely normal for us as parents to feel frustrated, even if our kids are upset, and wonder when the lessons will be learned. And it's completely fair to have those conversations....again. But before we do that, there's a handful of words that we need to share. A handful of words that, when shared with sincerity, can have the most powerful impact on the emotional health and happiness of our kids over their lifetime. The words? They're the ones that deliver a message of warmth and empathy. Empathy can change the nature of our family relationships, boost our kids' mental health, develop their emotional intelligence and promote warmer healthier, and even less violent, relationships for our kids as young adults. Kids with more empathetic parents are less aggressive, experience less depression, develop greater emotional intelligence (a predictor of success) and grow up to be more empathetic themselves. Empathy is defined as experiencing emotions of concern at the suffering of others and adopting the perspective of another. It's different to sympathy which is feeling sorry for someone. It's about demonstrating our concern and letting our kids know we get it. That we feel it too. We can show empathy by saying things like:

"I get it."

"I hear you."

"Ahh, I can see that you're feeling..."

"I understand."

For great impact use the right emotional response

Pairing your words with a matched emotional response, love, comfort, warmth and a willingness to sit with them as they express their emotions shows our kids we get it and validates for them that they have every right to feel the way they do. After all, there's no such thing as wrong feelings. We can't help how we feel about the things that happen to us, neither can our kids. We don't need to agree with how they feel, nor do we have to view their reaction as a reasonable response to what's happened. It's all about showing our kids that their message has been received, and that they have a soft place to land. The conversations can come later.

Validation is an important step in our response to our kids when they're upset, distressed or anxious.

Dr Jodi Richardson

From the FUNdraising Team:



Silent Disco – 'FAMILY FUN IN THE CITY':

If you are looking for some Family FUN, Dave (aka Disco Duk Duk) is taking over Melbourne city with his famous Silent Disco and is kindly donating half of the profits purchased by Bell Families back to Bell PS. So grab some Bell Friends and head into Melbourne CBD for some FUN!!!!

WHEN: Saturday 16 November @ **2.30pm** (NB: slight time change)

WHERE: Fed Square

TICKETS: www.gurududu.org - public events - Melbourne - 16 Nov

Be sure to use the discount code 'BELL' when booking for a special Bell PS price!

BELL PRIMARY SCHOOL'S



This year all students at Bell Primary School will compete in the Italian Poetry Recital!

Students will learn a poem and recite it to a panel of judges. Students in Grade 5 and 6 will do so without the use of cue cards or prompts!

Each student will benefit from participation in this recital as it furthers their confidence in using the Italian language in context.

Prizes will be awarded for 1st, 2nd and 3rd place in each Grade level. Special Mention Certificates will be presented to students outstanding in their presentation. All students will receive a Participation Certificate!

-Signora Elyssa

Please visit the Italian blog to listen and practice!

<https://languagesatbell.global2.vic.edu.au/>

Walk to School News:

What an active month it has been! Congratulations Bell students on getting involved in the range of activities that were organised by our amazing JSC reps.

We have had a month of students riding, walking or scooting to and from school, a lunchtime dance session, creativity flowing with flamboyant shoe designs, a staff morning tea and a year 4-6 walk-a-thon. We have also been planning our prep to year 3 mini athletics, which will include a number of athletics events, some old school and indigenous games....something to interest everyone.

The mini athletics will be held on the South oval on Thursday 14 November during sessions 1-3. Any parents who would like to come along to support our students are more than welcome; we would love a cheer squad.

Again, a huge thank you goes out to our brilliant JSC reps for their outstanding commitment, enthusiasm and hard work.



Designer Shoes





The planning...



Lunchtime dance session



Staff Walk to School morning tea



Fun & active



Year 4-6 Walk-a-thon



Active to/from School Class Data

Remembrance Day Poppy Appeal:



JSC reps will be going around to classes on Monday 11 November to sell Remembrance Day pins and wristbands. Prices range between \$1.00-\$5.00.



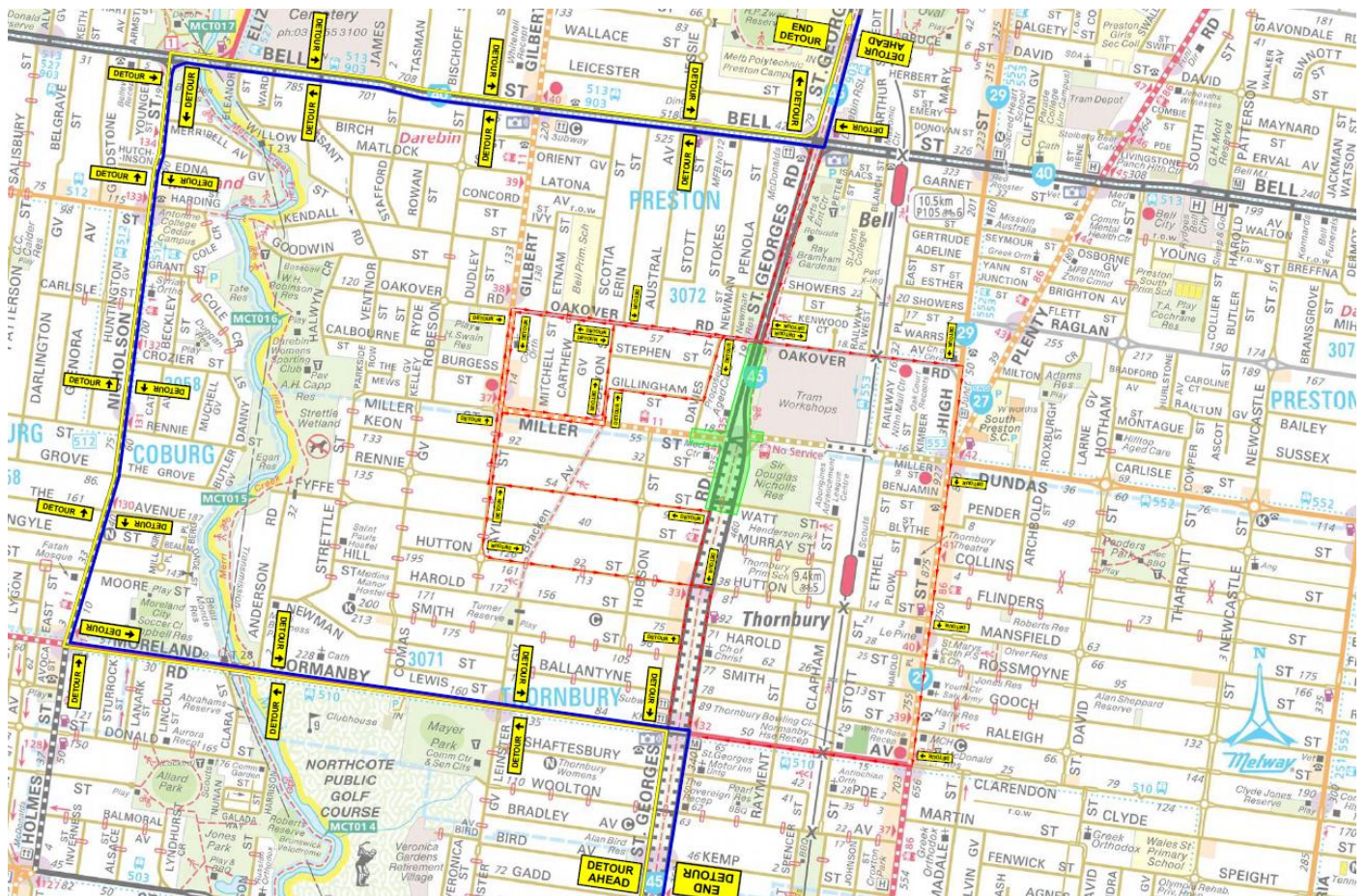
Upcoming Music Performance:

Senior Vocal Ensemble - Monday 18 November @ 9am for Assembly (weather permitting of course!)



Tramworks Update:

For your information, please see below a map provided to us by Yarra Trams advising of the detours in the area between 10-22 November. You may like to talk to your family about the increased traffic along Oakover Road.



Book Club's back:



Book Club!

Dear Parents and Carers,

Book Club catalogues were handed out to students recently, and there is still time to order! The last day for ordering is **FRIDAY 29 NOVEMBER**.

It is easy to order. The **Book Club LOOP** platform for parents allows you to pay by credit card. Your child's order is submitted directly to school, safe and sound, and the books will be delivered to class. You can place your child's order at scholastic.com.au/LOOP, or using the **LOOP** app which can be downloaded from the App Store or Google Play.



Don't forget that each order earns reward points for Bell Primary School. The school can redeem these points on books for their classes.

I am a parent who has volunteered to organise this Book Club. If you are a parent who could spare 30 minutes twice a term to help me sort out book orders, please email me at louisegrays8@gmail.com.

Thanks,
Louise Gray

Book Club LOOP

The **EASIEST** way for parents to order and pay for Book Club!

Parents: Are you registered for LOOP?

LOOP is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for **LOOP** receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!

Head to scholastic.com.au/LOOP and register today!

COMMUNITY READING REWARDS

Book shopping at
The Little Bookroom =
books for your school!

15% of the value of purchases by
friends and family are donated
back to your community.
Just name drop your school!

-It takes a village to raise a reader-
www.littlebookroom.com.au

759 Nicholson Street
Carlton North
t & i: @little_bookroom
f: TheLittleBookroom



THE
LITTLE
BOOKROOM

TRAM NETWORK UPGRADES

Tram track and overhead power lines renewal

Intersection of St Georges Road and Miller Street, Preston

Major works: Sunday 10 November to Thursday 21 November 2019

Public Transport Victoria (PTV) in partnership with Yarra Trams will commence work to renew tram tracks, poles and overhead wiring at the intersection of St Georges Road and Miller Street, Preston.



Works



Dates



Noise



Roads

Major works

Starting at 1am Sunday
10 November to 5am
Thursday 21 November

High level noise
24 hour works

Road closure in work
zone. Traffic management
and detours in place

Major works



Work at the intersection of St Georges Road and Miller Street, Preston is scheduled to take place in order to renew tram tracks and replace overhead power lines. This work will involve breaking out of concrete, removing rail and rubble, replacing rail, replacing concrete and asphalt and site clean up. Please refer to map overleaf.

This work will require the full closure of the intersection of St Georges Road and Miller Street, Preston.



Pedestrians

The work zone will be fenced off for safety, however footpaths will remain open around the work area to allow pedestrian access to businesses and residences located around the work zone.

Please note that there will be kerb to kerb fencing which will limit pedestrian crossings. These fences are required to ensure public safety.

Public transport changes



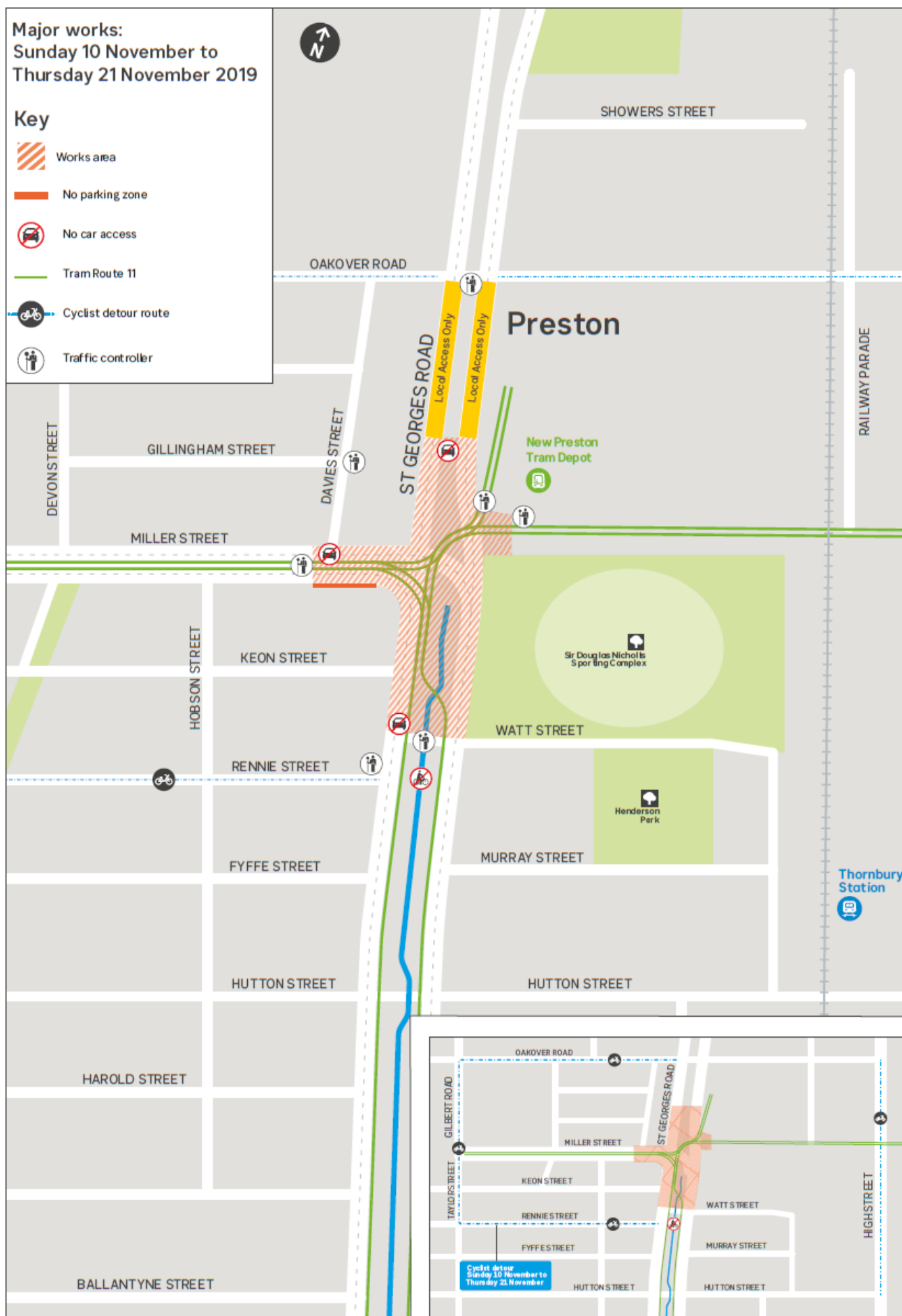
During the major works, tram route 11 will be affected. There will be tram replacement buses to help passengers get to their destinations.

For more details closer to the time, please visit yarratrams.com.au/servicechanges

Major works:
Sunday 10 November to
Thursday 21 November 2019

Key

-  Works area
-  No parking zone
-  No car access
-  Tram Route 11
-  Cyclist detour route
-  Traffic controller





JUNIOR EXPRESSION OF INTEREST 2020 ALL AGES, GIRLS & BOYS WELCOME!

U9S – Positions Available

U10S – Positions Available

U12S – Positions Limited

@duscjuniors@gmail.com

U13S– Positions Limited (2 or more years
of experience needed) (4 Spots)

U14s – Positions Limited (4 Spots)

Tas Psomas U15 Head Coach 0419 386 071



All new players must fill out the EOI JotForm provided;

<https://form.jotform.co/62962784607872>



For any queries email or contact one of the options provided above
Join one of the fastest growing clubs in Darebin! More Football Less Fortnite!

Full boarding homestay families are sought for International Students at Northcote High School

(For new International Students arriving in January 2020)

Northcote High School seeks quality homestays from our local community, to help care for new international student arrivals (Year 10-11 age group) in January 2020.

These international students are mainly from Asian countries, such as China, Vietnam, Korea and Thailand and they will continue to complete VCE study with us in the following years.

Hosting International Students can bring a rich cross cultural experience and opportunity for families. Many local families already on board with the Northcote High School Homestay Program over the years have enjoyed and benefited from the diverse cultural and language exchange experience, especially when they have school age children at home. The reverse experience for our International Students is very much part of their overseas study journey.

If you have a spare room and are willing to take care of a young international student please contact the International Student Office on 9488 2334, or General Office on 9488 2300, or email wang.lixia.l@edumail.vic.gov.au for more information.

Full boarding homestay fees are \$320 per week (tax free), which covers a fully furnished room, 3 healthy meals daily, laundry, household bills (including internet). Students are responsible for their own transport.

Jocelyn Hill
Assistant Principal

Ms Lixia Wang
International Student Program Director



A Rockin' Day with Santa

Saturday 7th Dec

9.30–11.30AM + 12.00–2.00PM + 2.30–4.30PM

**2 Hours Play, Xmas Activities
+ Pro Photos with Santa : \$25 per child**



Come and join us at the Kids Gym for a Xmas experience like no other! While the kids play, Santa will be roaming with a professional photographer in the gym. Each family will have time with our sensitive Santa for casual photos and all families will receive digital images for FREE, to treasure always.



Ph. 9042 3115
info@werockthespectrumprestonvic.com
www.werockthespectrumprestonvic.com



TIMORESE CULTURAL NIGHT

It's time to celebrate.
Timorese culture and
food in all its glory!

Join us and Friends of
Baucau in celebrating the
culture of Timor-Leste. A
culture so close, so vibrant
and so different.

The East Timor Students
Association and the Timorese
Association of Victoria will
host a special cultural event.
Learn about Timor-Leste's
fascinating history and
culture, enjoy their music and
dance, and savour the
delicious Timorese food.

WHEN

Sunday 10 November 2019

TIME

4.30pm to 6.30pm

COST

FREE

WHERE

Darebin Intercultural Centre

BOOKINGS

Call 8470 8440 or email
intercultural@darebin.vic.gov.au
with full contact details

CITY OF DAREBIN

274 Gower Street, Preston
PO Box 91, Preston, Vic 3072
T 8470 8888 | F 8470 8877
E mailbox@darebin.vic.gov.au
darebin.vic.gov.au



National Relay Service
TTY dial 133 677 or
Speak & Listen 1300 555 727
or relayservice.gov.au, then
enter 03 8470 8888



Speak Your Language
8470 8470

DAREBIN INTERCULTURAL CENTRE

59A Roseberry Avenue, Preston.

T 8470 8440

E intercultural@darebin.vic.gov.au