



Due to dodgy weather, this will now be held in the Mezzanine / Sick Bay area in the Main Building.

BELL NEWS FORTNIGHTLY






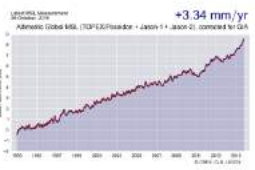


Sophia & Lola tackle Rising Seas Levels



As part of their recent enquiry 56G's Lola and Sophia designed a very well-researched and documented pamphlet on Sea Levels and Global Warming. An excellent effort girls and you can keep up to date by visiting their edublog:

<http://lolaandsophia.global2.vic.edu.au/>

Leave them a comment!

BIFF

<p>SEA LEVELS</p>  <p>Blog http://lolaandsophia.global2.vic.edu.au</p> <p>By Lola and Sophia</p>	<p>SEA DILEMMAS By Lola & Sophia</p> <p>GLOBAL WARMING</p> <p>The sea is very important. But sadly it is rising from problems including global warming. People are one of the main causes of global warming and the sea rising. The sea has risen 17 (15 to 19) to 334 mm per year over the last century.</p> 	<p>PLANT PROBLEMS By Lola & Sophia</p> <p>HEAT</p> <p>Heat has a big impact on plants. Plants increase then decrease. They increase because there is more CO₂ (carbon dioxide). Then, they decrease from the heat. The heat makes them swelter so they rot away. This happens to many plants so the number is decreased.</p> 	<p>PLANT DECREASES</p>  <p>Blog http://lolaandsophia.global2.vic.edu.au</p> <p>By Lola and Sophia</p>
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<p>WAYS TO HELP THE SEA LEVELS</p> <p>What you can do is:</p> <ul style="list-style-type: none"> • Don't take plastic bags, packaging and other rubbish to the beach, it will help the sea. • Stop releasing CO₂ (greenhouse gases) By Reduce, Reuse, Recycle. ... • Use Less Heat and Air Conditioning. ... • Replace Your Light Bulbs... • Drive Less and Drive Smart. ... • Buy Energy-Efficient Products.... • Use Less Hot Water. ... • Use the "Off" Switch. ... • Plant a Tree. 	<p>SEA-TACULAR FACTS</p> <p>Oceans can rise from CO₂. Over time the sea has risen 30% from CO₂.</p> <p>Sea levels rising is caused by two processes. Thermal expansion (ocean water expanding as it heats up), and additional water flows into the oceans from ice on land. Both these processes are currently carefully being observed by scientists.</p> 	<p>PLANT-TACULAR FACTS</p> <p>Plants are decreasing from many things and one of those things is CO₂, even though plants need CO₂ if they get too much it can kill the plant.</p> <p>Trees produce oxygen so humans can live. If we did not have trees we would not be living. We are killing trees and that means less oxygen for us.</p> 	<p>WAYS TO HELP THE PLANTS</p> <ul style="list-style-type: none"> • Recycle, reuse, reduce • Plant plants in your own garden so there are more plants in the world • Sell seeds to people so they can plant things. • When going bush walking stay on the path. • Reuse paper and use both side of the paper to save it.
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School Review Update

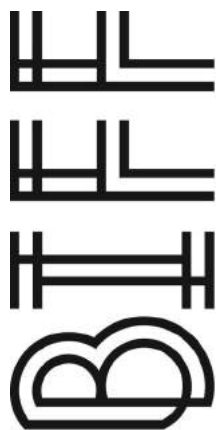
The School Review process goes in three stages. – Self Evaluation, School Review and the Strategic Plan

The first step is the School Self Evaluation. We are busy at the methodology and timeline planning stage. School Council will be working with us on Thursday to plan consultation processes. At this stage we look at our progress towards achieving the goals as outlined in the 2012 Strategic Plan.

We are currently outlining the process used to conduct the self-evaluation. It will provide details of:

- a timeline of the activities and a rationale for their inclusion
- the data/information sources used
- the consultation and input to the self-evaluation from across the school community.

DET has been very slow in making decisions around school reviews and has not even approved many aspects of this program for use by schools as yet but we are well on the way to what will be an excellent process for us as we move into the next four year cycle.



Oh no! Prices in the Uniform Shop are due to rise from 1/6/16. Get in quickly – Mondays from 8.45 and Thursdays from 3.15. Or orders can be placed via QKR! or through the office.

The Uniform Shop

Sickness Outbreak

The school has had quite an outbreak of sickness with many students and teachers away with some sort of tummy bug. The symptoms are the usual ones along with feeling very unwell for several days.

Once the really cold weather arrives we will have the usual cold and flus about. Please keep your children at home if they are unwell as it only spreads the condition more readily to others.

Inquiry Learning Action

The students are very busy with their Inquiry unit this term. I always find the topics they choose and the actions they take very interesting. Sophia and Lola have put together a very informative pamphlet of what we can do to help save the environment. This has been included in Bellnews. One team is looking into the children who do not have access to Education and are preparing for a book stall to raise money for a school in Africa. I am very pleased to speak to the group this week to share my experience in Kerala last year when I visited an isolated school in the hills in Palakkad in southern India. Today another group is putting on a lunch for us to raise money for the homeless. We are very proud of our citizens of the future.

Cresten Pearce

Principal

Tania is the new Martin

If communications look a tiny bit different over the next few weeks it is because we have our special guest editor Tania Levens taking over the next few Bell News Fortnightly editions whilst Martin is away expanding the Lunch Order Man franchise into other areas.

Normal transmissions will resume in Term 3.



Martin hands over the keys of the printing press to Tania.

Meet the School Council

In this second instalment of Meet The Council Member, we put member-without-portfolio, Shelley Baulch, under the griller.



Where did you grow up, and for how long have you lived in this area?

I grew up on a dairy farm in Gippsland and moved to the big smoke for university. I moved all over Melbourne and travelled overseas for a few years before settling down in Thornbury with Don in 2002.

Who are your kids and what do they like most about Bell?

Ed is in grade 5 and loves it when his work is displayed. Hugo (grade 2) has a crush on each and every teacher. They are both really happy to be at their local school, and love that they always see other kids from Bell out and about in the community on weekends.

For how many years have you been on school council?

I joined at the start of 2014, when Hugo started school.

Why did you decide to join?

I'm a serial committee member. I can't help myself. At one stage I was on five different committees (from child care through to neighbourhood watch and everything in between), but I got really burnt out. So I decided that I would only get heavily invested in things that both boys were part of. So here I am in the middle of my four-year window of having two kids at Bell!

What do you consider to be your greatest achievement on school council?

I was Treasurer for my first two years in council. My greatest achievement in that time would have to be convincing Geoff Hollis to take over the role this year. But I also bring a lot of knowledge about school finances, gained during that time, to the FUNd-raising sub-committee.

What do you do for a living, and what's the best thing about your job?

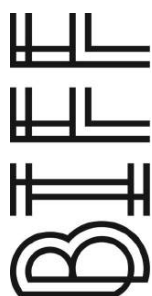
I do administration for a small tourism business that runs painting classes – in pubs! Working from home gives me the flexibility to be around for my kids after school, and to pop in and help when needed (and I get paid to look at Facebook)

Is it true that you are a cricket tragic?

That is a bit harsh, but yes. I used to play cricket (very poorly) for a women's team. Now I play to my real strengths – neat handwriting and ownership of several coloured pens – by being a scorer for Vic Spirit (the state women's team) and the Southern Stars (Australian women's team). The addition of Women's Big Bash last Summer kept me very busy.

What do you hope to achieve while on school council?

I want to contribute something that fosters a feeling of connection between the students, in our rapidly growing school. I see myself lobbying for well-planned facilities, helping to raise money to fund appropriate projects and programs, and talking to members of the school community about what they want and need.



If you participated in the Premier's Active April Challenge than all of Bell's statistics are now available in pdf format from our website. Check in the News section for the download link or if you're reading this online, click here.

http://media.wix.com/ugd/d68c31_76dd408320cf4d97a99a651b9f51c32d.pdf

Well done Bell!



bell Gardens and Grounds

adrian whitehead



April Working Bee

Thanks to all the parents who turned up and tackled a range of projects from starting the south oval grass repair work to trimming bushes and weeding.

Repairing the Ovals

The south oval repair has commenced with a day long effort hand weeding the biggest weeds, spreading fertiliser and grass seed. We have also started to water the south oval if excessively dry. The oval is already looking better as grass starts to re-establish.

The north oval will need commercial repair which will cost in the order of \$10,000 plus any watering infrastructure we choose to put in place.

Any major repair done on the ovals will occur towards the end of the year to minimise disturbance to the students and support the establishment of the desired Kikuyu grass which grows at summer time.

We will need a strong team of volunteers willing to take on the daily watering tasks for re-establishing the grass on the north oval unless a sprinkler system is installed which could do the job.

Regular watering over summer will also needed on the southern oval to ensure the grass is in top condition for the school year in 2017.

North Area Improvement Project

A project has been started looking at the improvement of the Northern end of the school. The project is being coordinated by Bell parents Penny Starr and Natasha Palich. They will be consulting the school community about ways we can improve the North Oval and develop a costed proposal. Send me an email if interested greycliffs@gmail.com

Gardens and Grounds Facebook Page <https://www.facebook.com/groups/211855789165759>

Key Dates – NOTE GnG meeting now moved to MONDAYS!

Next Gardens and Grounds Working Bee – Sunday June 19th 10.00am–3pm

Next Gardens and Grounds Meeting – Monday June 6th 3.45 pm Anna's Prep Room (Room 1 Early Learning Centre)

Tree Vandalism

Two significant trees have now been deliberately vandalised on school grounds in the last month. Both were planted this year. One is the new friendship tree planted in the circular seat south of the main and the second a golden ash planted near the southern play equipment. One tree was professionally installed at a cost of \$500 the other was donated by a parent at a cost of \$250. We will leave trees for now and hope they regrow in spring. The GnG team will endeavour to provide increased protection to future significant plantings.

Best wishes and happy growing,

Adrian Whitehead, Gardens and Grounds School Council Rep

BIFF



together we are creating a
healthy school

achievement
program



The Achievement Program is a jointly funded initiative of the
State Government of Victoria and the Australian Government.



The Wellbeing Team will be continuing to work towards 'The Achievement Program: Healthy Together School' accreditation. The various working parties for this team are made of staff, students and parents. This year we will continue to focus on 'Physical Activity', 'Sexual Health and Wellbeing' and 'Drug Education'. For more information, please visit:

www.achievementprogram.healthytogether.vic.gov.au/

As part of the school review this year we will also engage in a complete review of our 'Wellbeing Framework'.

News from the Wellbeing Team!

Family Life Victoria visited the 3s to 6s again this past week. Write ups of the sessions courtesy of the teachers Dylan Nexhip and Toby Russo can be found on the year level blogs:

Year 3/4: <http://34team.global2.vic.edu.au/>

Year 5/6: <http://56bellps.global2.vic.edu.au/>

The third and final session for the 3s to 6s will either be this coming Thursday or the following Monday, depending on the students' class. Should you have any questions regarding this program, please feel free to contact Rylee Curran at:

curran.rylee.m@edumail.vic.gov.au



Worry wart to Warrior



By Michael Grose

Not only can worrywart children be hard for parents to live with, but also they can become difficult partners and friends as adults. This makes childhood the perfect time for parents, not so much to nip worries in the bud but to give natural born worriers some tools and strategies to make life more tolerable now and, importantly, in the future.

Here's a collection of great ideas that may help you transition a young worrier to being a social and learning warrior, or at least get the worry bug under control.

From writers such as Jeanene Ecob author of [Everyday Jitters](#) Mary Sheedy Kurcinka author of [Raising Your Spirited Child](#) and Tamar Chanksy author of [Freeing Your Child from Anxiety](#), and Washington Post columnist Suzanne Nelson I learned these ideas:

Give the worry a name: Somehow giving a worry a name makes it feel less scary and more manageable. My favourite picture storybook for toddlers 'There's a Hippopotamus on our Roof' by Hazel Edwards personifies fear of the dark as a friendly hippo. Much more friendly and easier to boss around if you're a child.

Put your worries in a jar: Wouldn't it be great to put all your worries into a safe and throw away the key? As an adult you may do this when you take time out to watch your favourite TV show; or lose yourself browsing for hours online. Children need something a little more practical. They can write their worries on some paper and lock them away in a jar by the side of the bed at the end of the day. It's good to know that their worries can't get out because they are locked up tight.

Limit talking time: Kids have a need to verbalise their worries but talking needs to be contained to prevent their worries from dominating their lives. Set aside ten minutes a day to talk about their worries and then put worry time aside until tomorrow.

Normalise rather than lionise their anxiety: Anxious kids are very sensitive to their parents concerns and worries. One way we build their concerns is by continually reassuring them that things will be fine. One reassurance should be sufficient most of the time followed by "I've already talked to you about that." Continually going over old ground can allow worries to linger longer than necessary. (Continued next page)

(Continued) **Worry about the things worth worrying about:** Worrying is energy sapping and can take up too much of anyone's time. As your child gets older it helps him or her to distinguish between what's worth worrying about and what's not. Helping them prioritise their worries makes them feel like they are in control.

Give them the tools to relax: My wife relaxes in front of the TV, which is sufficient for her to take her mind off her worries. My daughter and I need a bigger set of tools including mindfulness and exercise to help us neutralise our worries. I know when my daughter is physically tired she's less likely to get herself worried or worked up.

Stay tuned for more updates and please feel free to see Maria Tevelis or Ruth Vonarx if you have any questions or feedback.



Like sands through the hourglass, so are the days of their lives...

BIFF

MONSTER CASTLES in the Sand...and other stories...

The warmer May weather is seeing a resurgence in popularity for the North Oval sandpit at recess and lunchtimes with preps to Grade 3's making some amazingly large castles and tunnels. Great to see our children of all ages playing together and creating some incredible structures in the sand.



Site Manager Hamish declares another successful excavation.



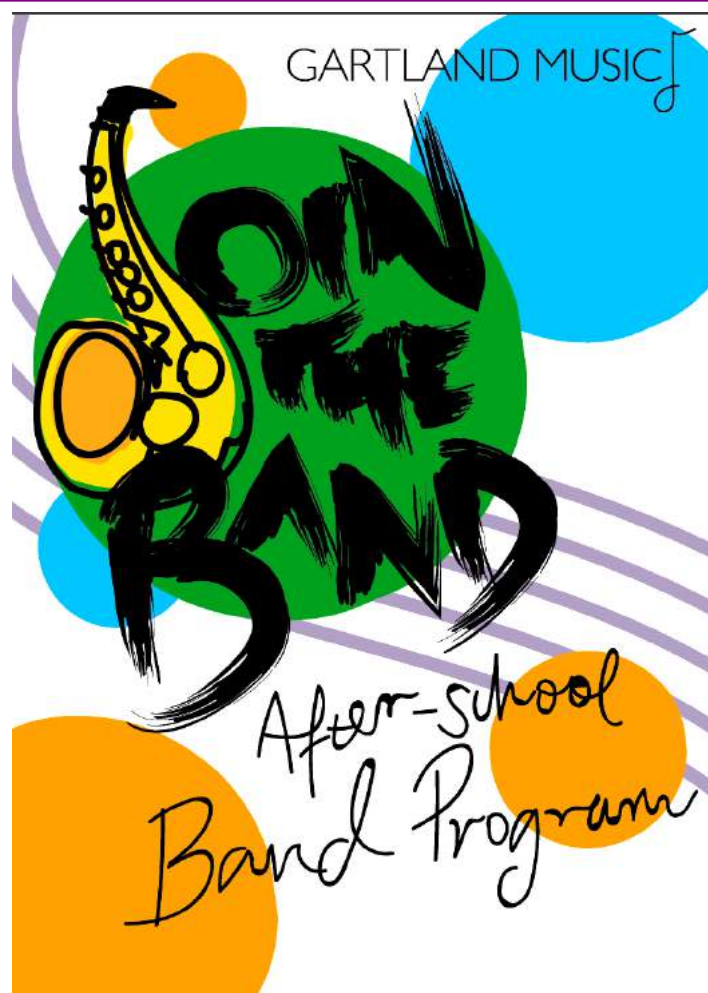
A happy place where children and stuffed elephants play together.

Walk2School Day



On Thursday the 19th of May, Bell Primary School held their walk to school day. Walk to School Day is a government initiative to encourage school students to safely walk to school. We had 335 students walk to school on the day which is an enormous number – well done to the whole Bell community who helped make the event a successful one.

The JSC added a twist to the day and encouraged students to wear odd socks and shoes. The students encouraged a gold coin donation with Practical Action being the charity of choice to receive the profit. Practical Action is an international non-governmental organisation that uses technology to challenge poverty in developing countries. The money raised by Bell will be going directly to help families rebuild in Nepal after the devastation of last year's earthquakes. Well done Bell, we raised \$433.20!



The Program

- ♪ Enhance your child's passion for music through both practical and theoretical teachings of music
- ♪ Weekly 1 hour band class. \$20 per student per class, held in the music room
- ♪ In groups of 4 – 7, students are actively involved in choosing songs in the styles of pop, rock and jazz
- ♪ Student's abilities will be assessed and music will be uniquely tailored to the student's level of ability from basic knowledge and performance skills to a high level of practical and theoretical understanding
- ♪ Parts including vocals, piano, guitar, bass, horns and strings will be aimed at a level that is challenging but achievable for all students involved in the program
- ♪ Students will be encouraged to perform their songs in a concert type performance at their school with the possibility for audio recording
- ♪ For further information contact Brendan Gartland on the details below or place your details on the interest form at the school's front office.
- ♪ Enroll your child at www.gartlandmusic.com.au

For further information contact
Brendan Gartland
brendan@gartlandmusic.com.au
www.gartlandmusic.com.au
0400133643

OSHClub News

Before School / After School Care Program

What a lovely time the children have been having at before and after care. The weather has been so lovely this term that most children have been choosing to go outside. In the mornings a group has been having a lot of fun playing soccer on the Astro Turf, including teaching some Preps how to play.

The new preps have settled in well and so confident and happy. Sometimes they don't want to go home at pick up time.

We are getting up to 60 children most afternoons. Our limit is 70 so it's important to book children in advance if you can please. We do accept casuals and on the day bookings, so just contact the mobile and let us know.

We now have Maddy and Cheryl as permanent staff so the children know they can go to them too.

Jill and Ella have been regular casual staff this term.



Fun on the north oval. As you can see, our orange vests are nice and bright to help keep us safe.



The raspberry and choc chip muffins that the Cooking Club made were a hit on Tuesday ASC with children, parent and toddlers! We are now cooking twice a week.

Free Craft with paper cups and paper plates.

We have had our new term order of new sports equipment (soccer balls, table tennis net and balls, dodge ball and soccer net) and new craft items (including a new craft trolley).

We welcome any feedback in regards to food, equipment, games toys etc. Please talk to us or put a suggestion in our feedback box.

A reminder to parents to please make sure you cancel your child either online or by text message. Or if you have missed the online time to book into ASC, please feel free to text the mobile.

Thanks Ann Gardner Coordinator.

OSHC program phone: 0413 123 119

Coordinator: Ann Mushet

OSHClub Head Office: 03 85649000





What's for dinner tonight?

The *Bell Appetit* fundraiser recipe book could hold the answer!

We are seeking contributions of favourite, tried and tested recipes from our Bell community.

We are looking for that recipe you and the kids love – the one your friends keep asking for.
It could be a main, salad/side, or dessert.

How do you get your recipe to us? It's easy!!

Email your recipe to bellappetitrecipebook@gmail.com and include:

Recipe name, ingredients and method (a photo of the recipe is fine).
Please include any tips/ in relation to freezing/storage/variations/presentation.
A description or story about why this recipe is special to you (optional).
Your child's names and class (if you are happy to have this printed in the recipe book)



Special Prince tribute dance lessons by our disco coach!!

Tickets still available – put your order form in the pink bin (QKR now closed)

Your Name: _____

Student's name: _____

Class & teacher: _____

I am buying ☐ x tickets @ \$15 each = _____

I have enclosed: \$ _____



Did you know just how much of an impact the fundraising group has had on our children's school experience?

Over the past 4 – 5 years funds raised by the Fundraising group have paid for:

- Red playground on north oval
- Sandpit and shade sail near bike shed
- Furniture in the Early Learning Centre
- Flat screens
- Lego
- Home Readers
- Synthetic Turf Court on southern oval
- Shade Cloth on north side of Early Learning Centre
- Shade cloth over the red playground on the north oval
- Classroom shelving

BELL MOVIE NIGHT

LAST DAY OF TERM 2

FRIDAY 24TH MAY

We are holding two sessions
this year:

4:00 pm

&

6:30 pm

Details coming soon

Election Day Stall

Unfortunately it's right in the middle of the school holidays (Saturday 2nd July), BUT Election Day still presents a terrific opportunity to fundraise beyond the school community.

We are planning to hold a few stalls so keep an eye out for the Volunteer Spot signups.

If you are interested in helping coordinate a stall, please email me at

bellpsfundraising@gmail.com



Tash, Bell Fundraising Convener

<http://www.bellps.vic.edu.au/#!/fundraising/ct21>

FUNDRAISING CALENDAR

FRIDAY 27th MAY – MUMS DISCO

Tickets \$15 – available on QKR! or put your order form in the pink bin at the front office.

FRIDAY 27th MAY – FUNDRAISING MEETING –
9:00am Multi-purpose room

FRIDAY 24th JUNE – MOVIE NIGHT

Last day of Term 2. Details to come.

SATURDAY 2nd JULY – ELECTION DAY STALLS –
Details to come

FRIDAY 19th AUGUST – TRIVIA NIGHT

Jungle Boogie! Details to come

Events Calendar

April-May



Mon	Tue	Wed	Thu	Fri	Sat	Sun
23	24	25	26	27	28	29
8.45 Uniform Shop Playgroup 9.00-11.00 3/4H, 3/4X and 3/4A Family Life	Year 4 Bike Education	10-12.00 Cross Country	7.00pm School Council 3.15 Uniform Shop 3/4D, 3/4G and 3/4E Family Life Year 5/6 Family Life	9.00 Fundraising Meeting 2.45 2nd Hand Charity Book Sale Year 6 Winter Sport Mum's Disco Night		
30	31	1	2	3	4	5
8.45 Uniform Shop Playgroup 9.00-11.00 3/4H, 3/4X and 3/4A Family Life	Year 4 Bike Education	6pm Education Sub Committee	3.15 Uniform Shop	Year 6 Winter Sport		
6	7	8	9	10	11	12
Year 4 Bike Camp Whole School Assembly 8.45 Uniform Shop Playgroup 9.00-11.00	Year 4 Bike Camp	Year 4 Bike Camp	3.15 Uniform Shop	Year 6 Winter Sport		
13	14	15	16	17	18	19
Queen's Birthday - No School Today	Year 3/4 Simple Machines Incursion	Year 3/4 Simple Machines Incursion	3.15 Uniform Shop 7.00pm School Council	Year 6 Winter Sport		Sunday Crew - Grounds Closed

**The Sunday Crew is a Department of Justice team who work here on one Sunday each month from 8.30am until 4.30pm. They complete various maintenance and garden works around the school grounds under the direction of the manager. The grounds are closed on these days to allow them to go about their tasks uninterrupted. Please observe all signage.